



THIS WEEK'S TOP DEALS

26⁸⁸ ea 最高级一品米 Premium Sushi Rice Reg 34.99/ea

7⁹⁹ ea 泰皇有头白虾 Thai Gold Head On Frozen Shrimp Reg 20.30/ea

1⁵⁸ lb 煲汤瘦肉 Pork Soup Meat Reg 2.70/lb

1⁵⁹ lb 无头西兰花 Crown Broccoli Reg 1.99/lb

2⁵⁹ lb 蜜贵柿 Persimmon Reg 2.99/lb

2⁹⁹ box 大盒蓝莓 Full Pint Blueberry Reg 3.99/box

1²⁹ ea 唐生菜 Green Lettuce Reg 1.99/ea

4⁸⁸ lb 一级牛肉 AAA Angus Beef Sirloin Reg 6.59/lb

5⁰⁰ box 新鲜特大甜虾 Whole Shell-On Prawns Reg 6.99/box

4⁹⁹ lb 新鲜大西洋青斑 Fresh Seabass Reg 5.99/lb

4⁹⁹ lb 新鲜南美白对虾 White Shrimp Head-On Reg 5.99/lb

4⁵⁸ ea 珠江桥牌全标生抽王 Golden Label Superior Light Soy Sauce Reg 6.99/ea

3⁹⁸ ea 吉字腐竹 J.L. Brand Bean Curd Stick Reg 1.99/ea

1⁹⁸ ea 梅林午餐肉 ML Luncheon Meat Reg 2.98/ea

3⁵⁸ ea 一华尖竹汶沙河粉 JHL Oriental Style Noodle Reg 4.59/ea

88¢ ea 金燕东米粉 Jin Yan Golden Seaweed Dong Guan Rice Vermicelli Reg 1.39/ea

5⁸⁸ ea 钟兴海参 Great Lake Sea Cucumber Reg 7.99/ea

8/10⁹⁹ 沪江系列点心 Shanghai Dim Sum Reg 2.99/ea

JOIN OUR TEAM

Al Premium is now hiring full/part-time employees for our locations across the GTA area. Please call 905.270.2009 or email your resume to: careers@alpremium.ca

诚聘英才

華盛超市McCowan店现诚聘:
 全职、兼职、烧腊师傅、收银员
 待遇从优, 有经验者优先, 详情
 请致电: 905.270.2009 或发送邮件
 至: careers@alpremium.ca

Bakery

5/220 菠萝包 Pineapple Bun Reg 2 for 1.20

3⁹⁹ ea 大蛋挞 Big Egg Tart Reg 4.59/ea

Oriental Gourmet

2⁹⁹ ea 炒牛河 Beef Ho Fen Reg 3.99/ea

6⁹⁹ ea 椒盐虾 Black Pepper Shrimp Reg 7.99/ea

5⁹⁹ ea 蘑菇牛肉 Beef with Mushroom Reg 7.00/ea

4⁹⁹ ea 椒盐焗鸡 Black Pepper Bass Fillet Reg 6.99/ea

4⁹⁹ ea 左宗鸡 General Tao's Chicken Reg 3.99/ea

2⁹⁹ ea 面包虾 Tempura Shrimp Reg 3.99/ea

BBQ

13⁹⁹ ea 特大烤鸭 Big Roast Duck Reg 15.99/ea

13⁹ ea 豉水鸡脚 Braised Chicken Leg Reg 1.79/ea

Household

4⁹⁹ ea Mat Reg 7.99/ea

4²⁹ ea 黑人牙膏 Darlie Tooth Paste Reg 5.29/ea

3⁹⁹ ea Q-Tips Reg 5.79/ea

1⁹⁹ ea Better Life Hand Soap Reg 2.99/ea

13⁹⁹ ea OPEL Body Wash Reg 18.00/ea

Groceries

1⁸⁸ ea 龙口粉丝 SL Long Kou Vermicelli Reg 2.77/ea

3⁹⁸ ea 与美火锅菜 HuoGuo Mao Cai Reg 5.99/ea

5⁹⁸ ea 嘉美黑米 Kaxing Black Rice Reg 7.99/ea

2⁹⁸ ea 维生顶级黑糖 Brown Sugar Reg 3.99/ea

1⁹⁸ ea 位元堂龟苓膏 WYT Herbal Jelly Beverage Reg 3.99/ea

3⁵⁸ ea Pocky系列 Pocky Biscuit Sticks Reg 4.59/ea

2/5⁰⁰ 喜糖迷你喜糖威化 Garden Mini Cream Wafers Reg 3.59/ea

1⁶⁸ ea 喜糖迷你喜糖威化 Garden Mini Cream Wafers Reg 3.59/ea

98¢ ea Jack'n Jill Chicharron Reg 1.39/ea

3/2⁰⁰ Knorr Tamarind Soup Base Reg 0.79/ea

1⁶⁸ ea 玉米粉 Jamaican Pride Yellow Corn Meal Reg 1.99/ea

8⁸⁸ ea 咖喱粉 Lalah's Madras Curry Powder Reg 11.99/ea

Meat

1⁸⁸ lb 瘦肉碎 Lean Ground Pork Reg 2.59/lb

2⁹⁹ lb 鸭肾 Duck Gizzard Reg 3.99/lb

7⁹⁹ lb 羊肉卷 Lamb Shoulder Roll Reg 8.99/lb

1⁵⁹ lb 牛颈骨 Beef Neck Bones Reg 2.39/lb

4⁸⁸ lb 牛舌 Beef Tongue Reg 5.99/lb

88¢ lb 煲汤老鸡 Stewing Hen Reg 1.39/lb

Frozen & Dairy

3/4⁰⁰ 利口福包点系列 LEKF Vegetable Bun Series Reg 1.79/ea

3⁹⁹ ea 南意味 Samwooh Vegetarian Reg 4.99/ea

4⁹⁹ ea 鑫海中带子 SH Medium Scallop Reg 8.99/ea

1⁹⁸ ea 福洋黄花鱼 FY Small Yellow Croaker Reg 2.99/ea

1⁹⁹ ea 百福豆腐 Pak Fok Fried ToFu Reg 2.89/ea

1⁹⁹ ea 鲜鸡蛋 Quail Eggs Reg 2.99/ea

Produce

1¹⁸ lb 中国富士苹果 Chinese Fuji Apple Reg 1.69/lb

88¢ lb 妈咪瓜 Kibocha Squash Reg 1.29/lb

1⁸⁸ ea 粗皮瓜 Cantaloupe Reg 2.99/ea

99¢ lb 大芥菜 Green Mustard Reg 1.59/lb

1⁹⁹ ea 蜜柚 Honey Pomelo Reg 3.59/ea

2/1⁵⁰ 蒜芯 Garlic Bolt Reg 0.99/ea

2⁵⁹ bag 统装牛油果 Avocado in Bag Reg 2.99/bag

1⁵⁹ lb 日本山药 Japanese Yam Reg 1.99/lb

Restaurant Cash N Carry

17⁰⁰ bag 50LB Super Colossal Onion 50LB 大洋葱

20⁰⁰ box 鲜姜 Fresh Ginger

3⁹⁹ lb 包税 一级蜜汁叉烧 BBQ Pork

14⁹⁹ ea 包税 烧鸭 BBQ Duck

6⁹⁸ lb 开心果 Loose Pistachio Nut

98¢ lb 去皮花生 Peeled Peanuts

Health

加拿大新鲜花旗参, 保健品专柜有售
 秘鲁野生纯黑玛卡 (MACA) (大粒) \$49/磅

3⁹⁹ lb 加拿大花旗参 Canadian Ginseng Reg 3.99/0.5lb

6⁹⁹ lb 纯正加拿大花旗参 Canadian Ginseng Reg 3.99/0.5lb

5⁹⁹ ea 保赤丸 Po Chai Pills Reg 6.99/ea

• 巴西野花牌绿蜂或蜂箱购买可享批发价。
 (免费送到中国任何城市)
 • 加拿大订购各式葡萄酒, 冰酒及Grand Pre, 3.25%及2%新鲜牛奶等免运费往中国任何城市。
 • 加拿大深海野生海参10磅以上可享批发价。
 • UMEKEN 酵素丸, L乳钙以及一系列产品有售。

STORE HOURS: MONDAY - SUNDAY 09:00 - 22:00

Items and prices available at Al Premium, located at 250 Alton Towers Circle, Unit AA1 Scarborough, ON M1V 3Z4.

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